

**TIDAL WAVE SC 2011-2012 INDOOR TRAINING**

**Teamworks Somerset**

	Mon		Tue		Wed		Thu		Fri		
	F1	F2	F1	F2	F1	F2	F1	F2	F1	F2	
U13G			5:30-6:30					5:30-6:30			Start wk of 10/24
U13B	6:00-7:00									6:00-7:00	
U14G				6:00-7:00			5:30-6:30				
U17G-J			6:30-7:30					6:30-7:30			Start Wk of 12/5
U17G-R					6:00-7:00						
U18G		6:00-7:00					6:30-7:30				
Fitness Training - U16, 17, 18									5:00-6:00		
Fitness Training - U11, 12, 13, 14									6:00-7:00		

**No Practices at Teamworks:**

Mon 10/31                      Halloween  
 Wed 11/23-Fri 11/25        Thanksgiving  
 Fri 12/23 thru Fri 12/30    Christmas vaca

**Sherwood , Seekonk**

	Tue				Thu			
U10G & Academy			6-7pm			6-7pm		

**PCD- East Providence**

	Wed				Sun			
U16 G			6:30-8:00			5:00-7:00		

**School**

U15 B								

**ACC Smithfield**

	Tue			
U11G		6:00-7:00		6:00-7:00

**Goal Keepers**

**Teamworks Somerset**

									Fri	
U11, 13, 14									5:30-6:00	
U16, 17, 18									6:00-6:30	

